

# David's Nutritional & Ingredient Info

## Bittersweet Mountain Berry Tart

1:20pm 03/10/2016

<b>Nutrition Facts</b>	
Serving Size 3 2/5 oz (96g)	
Servings Per Container 12 slices	
<b>Amount Per Serving</b>	
<b>Calories</b> 250	Calories from Fat 120
<b>% Daily Value*</b>	
<b>Total Fat</b> 13g	<b>20%</b>
Saturated Fat 6g	<b>30%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 125mg	<b>5%</b>
<b>Total Carbohydrate</b> 37g	<b>12%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 19g	
<b>Protein</b> 3g	
Vitamin A 6%	• Vitamin C 2%
Calcium 4%	• Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g

INGREDIENTS: Milk, blueberries, sugar, wheat flour enriched(wheat flour,malted barley flour,niacin,reduced Iron,thiamine mononitrate,riboflavin & folic acid), Heavy cream (carrageenan, mono and diglycerides), unsalted butter, vegetable oil blend ([soybean, palm & olive oils],water, salt, milk,mono & diglycerides, soy lecithin,potassium sorbate[preservative], natural & artificial flavors, vitamin A palmitate, beta carotene for color), raspberries, pasteurized whole eggs, modified food starch, apricot glaze (water, apricots, sugar, ascorbic acid, guar gum), water, Kosher fish gelatin, salt, natural & artificial almond emulsion

CONTAINS: EGGS, FISH, MILK, NUTS, SOY, WHEAT